



# Hospital Training Course (I.C.U., N.C.U., P.I.C.U., HDU, O.T., Operation & Maintenance)

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A focused, practical training program to prepare nursing and allied health staff for high-quality clinical care across critical hospital units.



# Course Objectives

## Clinical Readiness

Prepare trained nurses to deliver safe, evidence-based nursing services across ICU, HDU, OPD, and OT settings.

## Patient-Centered Care

Develop skills in medication, primary treatment, monitoring, and compassionate bedside care.

## Emergency Decision-Making

Equip learners to make calm, safe, and correct decisions during acute events and transfers.

## Professional Collaboration

Train participants to work responsibly and effectively with doctors and multidisciplinary teams.





## Target Participants

- B.Sc Nursing, G.N.M., A.N.M., Lab Technicians & X-Ray technicians
- Students seeking a clinical healthcare career in hospitals, clinics, or nursing homes
- Medical and technical staff aiming to upskill in nursing practices
- Practicing nurses seeking certification and practical refreshers

# Module 1 — Introduction to Nursing & Patient Ethics

## Role of Nursing

Scope, responsibilities, multidisciplinary teamwork, and professional conduct in clinical settings.

## Communication & Behavior

Therapeutic communication, cultural sensitivity, family engagement, and de-escalation techniques.

## Patient Rights & Ethics

Confidentiality, informed consent, dignity, and ethical decision frameworks for bedside care.

## Infection Control

Hand hygiene, PPE use, isolation precautions, and hospital-standard hygiene protocols.





## Module 2 — Patient Care & Bedside Assistance

- Lifting, moving & positioning techniques to prevent injury (use of aids and teamwork)
- Bed making standards: occupied and unoccupied bed procedures
- Feeding support: oral feeding and enteral (Ryle's tube) protocols
- Personal hygiene: bathing, oral care, perineal care and pressure-area prevention

# Module 3 — Medication & Clinical Skills



## Medication Administration

Safe checks, 5 rights of medication, routes: oral, IV, IM, SC. Emphasis on documentation and error prevention.



## Point-of-Care Testing

Glucometer technique, QA, interpretation, and action thresholds.



## Vital Signs Monitoring

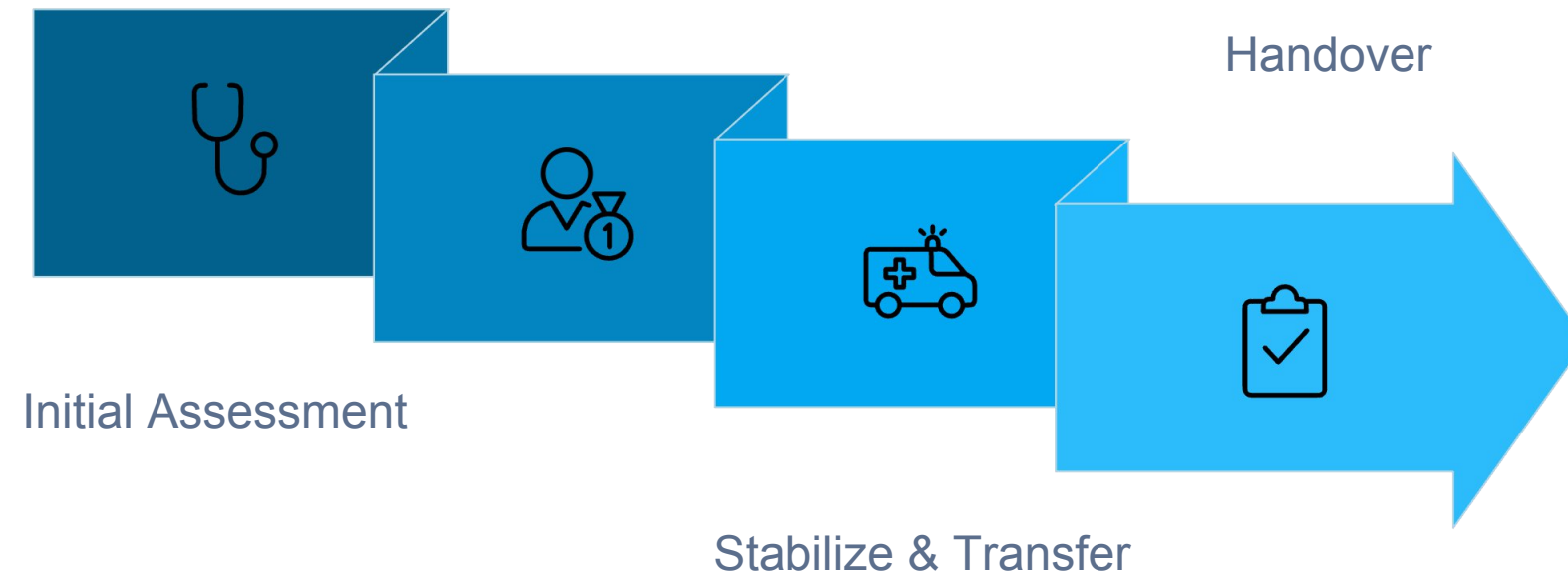
BP, pulse, temperature measurement, early warning signs, and escalation protocols.



## Oxygen Therapy Assistance

Oxygen delivery basics, humidification, tubing care; IV/IM injections only under authorized supervision.

## Life-Saving Measures



This diagram outlines the emergency sequence: rapid assessment, timely BLS/first aid, prompt stabilization, and secure transfer with structured handover to minimize delays and improve outcomes.

### First Aid & Triage

Prioritize airway, breathing, circulation; use triage principles in mass casualty or busy settings.

### CPR & BLS

High-quality chest compressions, AED use, team roles, and post-resuscitation care basics.

### Transfer & Response

Safe patient movement, documentation for transfer, and communication with receiving teams.



# Ward / ICU / OPD / Emergency Protocols

- ICU Monitoring basics: alarms, interpretation of trends, and escalation criteria
- Patient file & chart maintenance: accurate vitals, medication charts, and fluid balance
- Nursing documentation & reporting: shift handovers, incident reports, and legal considerations
- O.T. Operation & Maintenance: sterile field protocols, instrument care, OR safety checklist

# Course Structure & Duration

## Basic Training — 20 Days

Foundations: ethics, hygiene, basic bedside skills and communication.

## Advanced Training — 10 Days

Advanced monitoring, medication administration, and critical care principles.

## Practical Course — 30 Days

Live hospital rotations, supervised procedures, simulation drills, and skill validation.

Total program duration: 60 Days — blended theory, supervised clinical practice, assessments (exam/viva/practical).



# Training Methods, Facilities & Fees



## Theory & Workshops

Structured lectures, case discussions, and protocol reviews.



## Practical Hospital Rotations

Hands-on training by senior nursing staff in real clinical settings.



## Simulation & Skills Lab

Dummy practice, equipment handling, and scenario-based drills.

## Completion Benefits

- Certificate of Completion from Atulit Biswas Swasth Evam Shikshan Samiti
- Job search assistance and placement guidance
- Nursing daily task & checklist booklet for clinical use

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## Important Notes & Fees

- Hospital dress code and ID card mandatory for practicals
- Attendance in practical hospital sessions is compulsory
- Adherence to medical safety and ethical standards required

**Training Fee:** ₹ 30,000/- (Includes course materials and basic simulation sessions)